



Mansfield Cosmetic Surgery Center Illuminates the Path to the Perfect Breast Implant Size with Expertise and Personalized Care

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Cosmetic Surgery Center, led by Dr. Michael L. Thornton, a double board-certified cosmetic surgeon and Diplomate of the American Board of Cosmetic Surgery, is pleased to announce a new article that is a comprehensive guide to selecting the ideal breast implant size, titled "Breast Implant Size: How Do I Pick the Best Size of Implant?". The Center's personalized method aims to empower women in making informed decisions about their breast augmentation journey, ensuring results that harmonize with their body proportions and aesthetic aspirations. The guide can be found on the Center's website here: <https://mansfieldcosmeticsurgery.com/breast-implant-size-how-do-i-pick-the-best-size/>

Breast augmentation is more than a cosmetic procedure. It's a significant decision that influences both physical appearance and emotional well-being. Recognizing the importance of this choice, Dr. Thornton at Mansfield Cosmetic Surgery Center is committed to providing a meticulous approach to help patients navigate their options and select the best breast implant size.

Understanding the numerous factors involved in choosing the right implant size, Dr. Thornton offers a

detailed consultation process. Rather than focusing on the often-misleading bra cup sizes, he emphasizes the importance of understanding the volumetric measurement of breast implants using cubic centimeter (cc) measurements. This more precise and scientific approach allows patients to try on various breast implant sizes while in the office, providing a more satisfying and realistic preview of post-surgery results. This hands-on consultation process is instrumental in achieving a satisfying surgical outcome.

Dr. Thornton's expertise extends to various types of implants, each offering a unique aesthetic improvement. However, he specializes in using higher profile, smooth surface, round breast implants, instead of teardrop implants, thus providing a fuller and more projected breast appearance following breast implantation. During the consultation, Dr. Thornton meticulously measures breast base diameter and estimates present breast volume to ensure that the selected implant size is in perfect proportion with the patient's body. This comprehensive approach guarantees a balanced and pleasing result.

Lifestyle considerations are pivotal in the decision-making process. Dr. Thornton advises patients to choose an implant size that complements their daily activities and wardrobe choices. For active individuals, particularly those engaged in sports or regular exercise, selecting an implant size that does not hinder physical activity is crucial. The average breast implant size, typically between 300cc and 500cc with median at 450cc, offers a significant yet natural-looking enhancement. For those desiring a more dramatic change, options up to 700 to 800cc can be made available. This thoughtful approach ensures that the chosen implants enhance the patient's lifestyle without causing discomfort or limitations.

Motivation also plays a crucial role in selecting the appropriate implant size. Whether seeking a subtle enhancement or a more noticeable transformation, understanding the underlying reasons for breast augmentation is essential. Dr. Thornton works closely with patients to identify their personal aspirations, ensuring that the chosen size boosts confidence and aligns with their goals.

For those who have experienced significant life events such as childbirth, breast feeding, or weight loss, additional considerations may be necessary. Dr. Thornton advises waiting until breast size stabilizes post-breastfeeding for several months before finalizing a decision to proceed with breast augmentation. In cases where a breast lift or mastopexy is recommended, combining these procedures with breast augmentation can address breast ptosis, sagging and volume loss simultaneously.

Choosing the right breast implant size is a multifaceted decision influenced by body frame, current breast size, desired outcome, lifestyle, and the cosmetic surgeon's recommendation. Dr. Thornton's personalized approach ensures that each patient receives the guidance necessary to make an informed choice.

Dr. Michael L. Thornton's credentials and dedication to excellence make Mansfield Cosmetic Surgery Center a trusted destination for breast augmentation. Dr. Thornton specializes in facial plastic surgery, cosmetic

breast surgery, body contouring surgery, post-bariatric after weight loss surgery, and non-surgical aesthetic skin rejuvenation. His extensive experience and personalized approach ensure that each patient receives the highest standard of care and achieves their desired aesthetic outcomes.

For more information or to schedule a consultation with Dr. Michael L. Thornton, please visit Mansfield Cosmetic Surgery Center or contact the office directly.

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For more information about Mansfield Cosmetic Surgery, contact the company here: Mansfield Cosmetic Surgery Dr. Michael Thornton (817) 477-9000 info@mansfieldcosmeticsurgery.com Mansfield Cosmetic Surgery 550 N Walnut Creek Dr #120, Mansfield, TX 76063

Mansfield Cosmetic Surgery

Mansfield Cosmetic Surgery Center was established in 2008 under the surgical directorship of Dr. Michael L. Thornton, a fellowship-trained cosmetic surgeon and Diplomate of the American Board of Cosmetic Surgery.

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